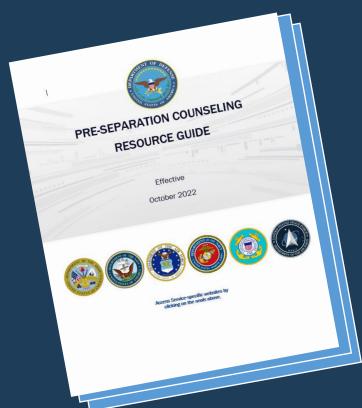


DISCLAIMER

The information provided herein does not constitute a formal endorsement of any company, its products, or services by the U.S. Department of Defense (DoD). Specifically, the appearance or use of external hyperlinks does not constitute endorsement by the DoD of the linked websites or the information, products, or services contained therein. The DoD does not exercise any editorial control over the information you may find at these locations. While this information provides informational resource material to assist military personnel and their families in identifying or exploring resources and options, the resources provided are not exhaustive.

All websites and URLs in this guide were active at the date of publication. However, web content is subject to change without notice. Users of this guide are advised to confirm information is current.

PRE-SEPARATION COUNSELING RESOURCE GUIDE



- 1. Go to: www.TAPevents.mil/Resources.
- 2. Select the *Pre-Separation Counseling Resource Guide*.
- 4. Download and save the Resource Guide on your computer or email it to yourself if using a government computer.

NOTE: The corresponding page of the Resource Guide (RG) will appear in the left, bottom corner of each slide in this brief.

THE JOURNEY OF A THOUSAND MILES BEGINS WITH ONE STEP.

- Lao Tzu





STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

MY TRANSITION "TO DO" LIST AND NOTES PAGE





Throughout this brief, add the tasks you need to complete and take notes as you prepare for transition.

STEP 1:

Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

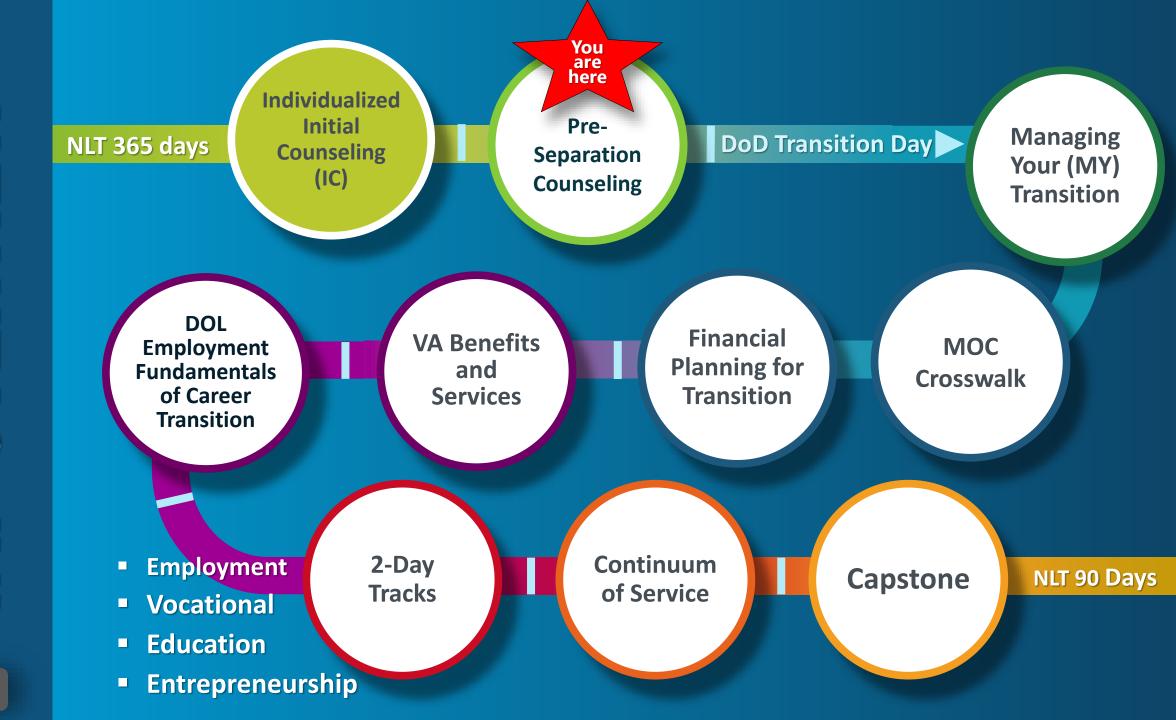


TRANSITION ASSISTANCE PROGRAM (TAP)

Congressionally mandated program that provides information, tools, and training to ensure Service members and their spouses are prepared for the next step in civilian life.

- Title 10 U.S.C., Sections 1142, 1143, 1144
- NDAA FY 19 John S. McCain, Section 552— Improvements to TAP
- NDAA FY20, Sections 570c, 570f
- DoDI 1332.35—TAP for Military Personnel





CAREER READINESS STANDARDS

CRS

Ensure you are ready for transition.

Individualized Initial Counseling

Deliverables *assigned*

TAP Modules

Deliverables *initiated*

Capstone

Deliverables verified







- Complete a personal self-assessment
- Initiate an Individualized Transition Plan (ITP)



INDIVIDUAL TRANSITION PLAN (ITP)

This slide is included for sites to add Service-specific

information about the ITP or a transition checklist.

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RBG (R: 0, G: 176, B: 240)

DD FORM 2648

Service Member Pre-Separation/Transition Counseling and Career Readiness Standards eForm for Service Members Separating, Retiring, Released from Active Duty (REFRAD)

DD eFORM 2648 tracks completion of all TAP requirements.





TAP CORE CURRICULUM: DoD/DHS Transition Day

- MANAGING YOUR (MY) TRANSITION
- MOC CROSSWALK



FINANCIAL PLANNING FOR TRANSITION



Prepare a criterion-based, postseparation financial plan



TAP CORE CURRICULUM: VA Benefits and Services



Register on VA.gov



TAP CORE CURRICULUM:

DOL ONE-DAY WORKSHOP

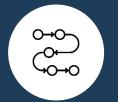
Employment Fundamentals for Career Transition (EFCT)



Introduces the essential tools and resources to evaluate career options.



Provides key information for civilian employment.

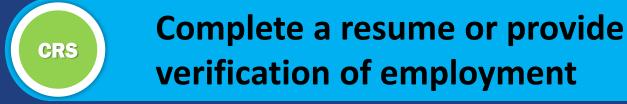


Explains the fundamentals of the employment process.

2-DAY TRACKS



EMPLOYMENT



VOCATIONAL



EDUCATION



ENTREPRENEURSHIP

2-DAY TRACKS

This slide is included for sites to add site-specific information

on registration for upcoming 2-Day Track modules.

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RBG (R: 0, G: 176, B: 240)

CONTINUUM OF MILITARY SERVICE OPPORTUNITY

This slide is included for sites to add site-specific information about the

Continuum of Military Service Opportunity (Active-Component only) counseling.

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RBG (R: 0, G: 176, B: 240)

Navy Reserve

- Do you have a service obligation?
 - Sailors with less than 8 years have a Military Service obligation that continues past transition from Active Component.
 - You can complete your obligation by becoming a member of the Ready Reserve in one of the following categories:
 - Selected Reserve (SELRES): As a member of the SELRES, you may be recalled to active duty in time of war or national emergency. Participation in training is as required by the Reserves category to which you belong, generally 1 weekend a month, and 2 weeks a year.
 - Individual Ready Reserve (IRR): Those who choose to not become a member of the SELRES will automatically be assigned to IRR. IRR members may be involuntarily recalled upon declaration of a national emergency. Otherwise, participation requirements may include an annual day of muster duty to satisfy statutory screening requirements.



- As a NaVET (Navy Veteran) or OSVET (Other service Veteran), you will likely resume at your previous rate or rank.
- Joining SELRES could earn a potential affiliation bonus of up to \$50,000
- SELRES are paid for four of Active Duty for only two days of work.
- Generous benefits, plus an optional tax-deferred Thrift Savings Plan to help you prepare and plan for Retirement.

Navy Reserve Benefits

- Health Benefits:
 - Transitional Assistance management Program (TAMP)
 - The first 180-days of health care coverage may be premium-free under TAMP for those that affiliate immediately.
 - SELRES are eligible for TRICARE Reserve Select (TRS) and TRICARE Dental program.

	TRICARE Reserve Select	TRICARE Dental Program
Premium ¹	Member only: \$46.70/month	Member only: \$11.65
	Member + Family: \$229.99/month	Family: \$75.71
		Member and Family: \$87.36

CY 2022 rates

Navy Reserve Benefits

- Education Benefits:
 - MGIB-SR Free education benefit for SELRES officers and enlisted Sailors who agree to serve 6years in SELRES status
 - Navy COOL
 - Transfer Post 9/11 GI Bill you can transfer your Post 9/11 GI Bill to your dependents while serving in SELRES: incurs a four-year drilling obligation
 - "A" and "C" Opportunities

Navy Reserve Benefits

- Other Benefits:
 - Uniforms
 - Life Insurance (SELRES)
 - Base and Other Amenities
 - Networking, Connection maintain military affiliation, camaraderie.
 - USERRA Protection
 - Deployment Deferment upon joining the Reserve you will receive a two-year deferment from involuntary mobilization
- For additional information contact the local Reserve Recruiter or visit https://www.mynavyhr.navy.mil/Career-Management/Transition/Reserve-Affiliation-Benefits/

CAPSTONE

This slide is included for sites to add site-specific

information about the Capstone process.

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RBG (R: 0, G: 176, B: 240)

CAREER READINESS STANDARDS



Completed	CRS	Course/Brief
	Start a personal self-assessment/ Individual Transition Plan (ITP)	IC/Pre-Separation Counseling
	Complete a Gap Analysis or provide verification of employment	MOC Crosswalk
	Prepare a criterion-based, post-separation financial plan	Financial Planning for Transition
	Register on VA.gov	VA Benefits and Services
	Complete a resume or provide verification of employment	DOL Employment Workshop
	Complete a comparison of higher education or technical training institution options	DoD Managing Your Education/ DOL Career Credential Exploration
	Complete a continuum of Military Service Opportunity counseling (Active-component only)	By Installation

DS LOGON & LOGIN.GOV •



https://myaccess.dmdc.osd.mil/

MilConnect
DFAS
TRICARE OnLine



Login.gov

VA.gov Social Security Benefits Small Business Loans USAJobs

CAUTION: NOT TO BE USED FO DENTIFICATION PURPOSES		SA	FEGUAR				ONS IN SHA RENDER		
CI				DISCHARGE FRO					
NAME (Leat, First, Middle) Z. DEPARTMENT, COI		MPONENT AND BRANCH			L SECURITY	NUMB	ER		
a. GRADE, RATE OR RANK	b. PAY GRAD	DE 5.	5. DATE OF BIRTH (YYYYMMDD)		6. RESERVE C		N TERMINAT	TON D	TE
a, PLACE OF ENTRY INTO AC	TIVE DUTY	ь.	HOME OF	RECORD AT TIME O	F ENTRY (City as	id state, or co	implete addres	s if know	n)
a. LAST DUTY ASSIGNMENT A	AND MAJOR CO	MMAND		b. STATION WHER	E SEPARATED				_
B. COMMAND TO WHICH TRAI	NSFERRED					10, SGLI C	OVERAGE	N	ONE
 PRIMARY SPECIALTY (List number, title and years and months in specialty. List additional specialty numbers and titles involving periods of 		12. RECORD OF SE	ERVICE	YEAR(S)	MONTH(S)	DAY	8)		
		a. DATE ENTERED AD THIS PERIOD							
one or more years.)	A			b. SEPARATION DA	TE THIS PERIOD				
	Λ			c. NET ACTIVE SER	VICE THIS PERIOD				
				d. TOTAL PRIOR AC	TIVE SERVICE				
				e. TOTAL PRIOR INACTIVE SERVICE					
				f. FOREIGN SERVICE					
				g. SEA SERVICE					
				h. INITIAL ENTRY TE	RAINING				
				I. EFFECTIVE DATE	OF PAY GRADE				
3. DECORATIONS, MEDALS, E RIBBONS AWARDED OR AL			9	14. MILITARY EDU year completed)					
5a. COMMISSIONED THROUGH SE	ERVICE ACADEM	Y					YES	Т	NO
b. COMMISSIONED THROUGH ROTC SCHOLARSHIP (10 USC Sec. 2107b)							YES		NO
c. ENLISTED UNDER LOAN REP.	AYMENT PROGRA	AM (10 USC Che	p. 109) (If Y	es, lead of commitmen	t)		YES		NO
15. DAYS ACCRUED LEAVE 17. MEMBER WAS PROVIDED COMPLE E DENTAL EXAMINATION AND ALL APPROPRIATE PAID DENTAL SERVICES AND TREATMENT WITHIN 90 DAYS PRIOR TO SEPARATION					YES	NO			
18. REMARKS	1								

Safeguard your DD 214!

25. SEPARATION AUTHORITY	26. SEPARATION CODE	27. REENTRY CODE		
28. NARRATIVE REASON FOR SEPARATION		-1-		
29. DATES OF TIME LOST DURING THIS PERIOD (YYYYMMDD)		30. MEMBER REQUESTS COPY		
		(Initials)		

DD Form 214

Certificate of Release or Discharge from Active Duty

Your DD 214 is the **key** to unlocking all future benefits.

BEFORE TRANSITION:

- Review the dates and locations of Service on your DD 214 CAREFULLY.
- Have mistakes corrected.

MY TRANSITION TIMELINE

18 - 24 MONTHS

- Make an appt, with your local Transition Assistance Program (TAP) Counselor for your individualized initial counseling
- Attend initial counseling and complete your personal self-assessment/ Individual Transition Plan (ITP)
- ☐ Schedule/attend Pre-separation counseling (can occur before 365 days, but no later than 365 days prior to separation or retirement)
- ☐ Identify a mentor

12-18 MONTHS

- ☐ If separating/transitioning. schedule/attend Initial Counseling Pre-separation Counseling (can occur before 365 days, but no later than 365 days)
- ☐ Explore SkillBridge or career skills opportunities
- Review finances to ensure you are financially ready for civilian life. Schedule a meeting with a personal financial counselor
- ☐ Learn about the VA Home Loan

6-12 MONTHS

- ☐ Begin and refine your job search
- ☐ Use your master resume to begin drafting targeted resumes
- Arrange for household goods (HHG) transportation counseling if you plan to relocate upon
- ☐ Schedule your physical and dental checkups
- Decide if you want to "opt-out" of VA health benefits or not

4-6 MONTHS

- □ Complete your Baseline Wellbeing Assessment and Separation Health Assessment
- Obtain copies of your medical records
- Review and update your will, other legal documents, and voter registration
- ☐ Consider whether to take terminal leave or sell back your leave balance
- ☐ Determine if you are eligible for separation ☐ Contact your medical treatment facility to get pay or early retirement

3 MONTHS

- Review your Pre-Separation Checklist (DD2648)
- Research your health insurance options; register for TRICARE (if you are retiring)
- ☐ If filing a claim for VA disability compensation, submit an application between 90-180 days prior to separation or retirement.
- Research life insurance options for self and
- copies of your health and dental records

Located on

90 DAYS OR LESS

- If seeking employment, begin applying and interviewing for positions
- ☐ Finalize relocation appointments and review your benefits, if applicable

9

3

ATIO

S

- Begin to prepare your Disability claim with your local VSO (if applicable and not completed previously)
- ☐ If retiring and married, make a Survivor Benefit Plan election decision with your spouse

- Ensure you have multiple certified copies of your DD-214 (Certificate of Release or Discharge from Active Duty) in a fireproof place
- Ensure your VA benefits contact information is updated with your current phone number, email, and address
- Continue to network and stay involved on LinkedIn and other social media sites
- ☐ Register for the <u>VA burial pre-need program</u>
- ☐ Apply for VA Dental Insurance (if applicable)
- Apply for Veterans ID card, Veteran's Health Identification Card, or print Proof of Service card from

www.DoDTAP.mil under Resources/FAQs

SERVICE TRANSITION TIMELINE

This slide is included for sites to add a Service-specific transition timeline.

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RBG (R: 0, G: 176, B: 240)

STEP 1: Plan for Your Transition

STEP 2:

Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance



Installation Resources

- Military & Family Support Staff
- Service Transition or TAP Office
- VA Benefits Advisor
- Chaplains, Health Professionals, Education Office

Off-installation Resources

- American Job Centers
- Vet Centers
- Military OneSource
- Military and Veteran Service Organizations

INTERAGENCY PARTNERS



DoD TAP



DOL VETS



VA Veterans Resources



SBA Office of Veteran Business Development

ADDITIONAL SUPPORT SOURCES

- Family Members
- Military Colleagues
- Veterans
- Mentors
- Social Network
- National Resource Directory (NRD)



STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3:

Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

VA BENEFITS AND SERVICES



VA Benefits Advisors discuss VA benefits over 6 modules:

- 1 Navigating the Journey
- 2 Supporting Yourself and Your Family
- **3** Getting Career Ready
- Finding a Place to Live
- Maintaining Your Health
- 6 Connecting with Your Community



VA INFORMATION – RESOURCE GUIDE

- VA Disability
 - Benefits Delivery at Discharge
- VA Health Care
- VA Women's Health
- Transition Care Management (TCM)
- VA Mental Health Care
- Personalized Career Planning and Guidance (PCPG)

- VA Education Benefits
 - Transfer GI Bill
- Veteran Readiness & Employment (VR&E)
- VA Home Loan Guarantee
- VA Life Insurance
- State VA Offices
- VA Vet Centers
- VA Solid Start

VA DISABILITY BENEFITS: Benefits Delivery at Discharge



What

Benefits Delivery at Discharge (BDD) provides VA disability compensation (pay) from day of discharge.

Who

Service members meeting the requirements begin the BDD claim process within 180 – 90 days from discharge.

How

Meet with a VA Benefits Advisor to determine if this option is right for you.

TRANSFER OF BENEFITS



Failure to complete the obligated Service before separating may require any benefits used to be repaid.

Criteria for active-duty Service member to transfer Post-9/11 GI Bill benefits

Served a minimum of 6 years

AND

Agree to add 4 more years of Service

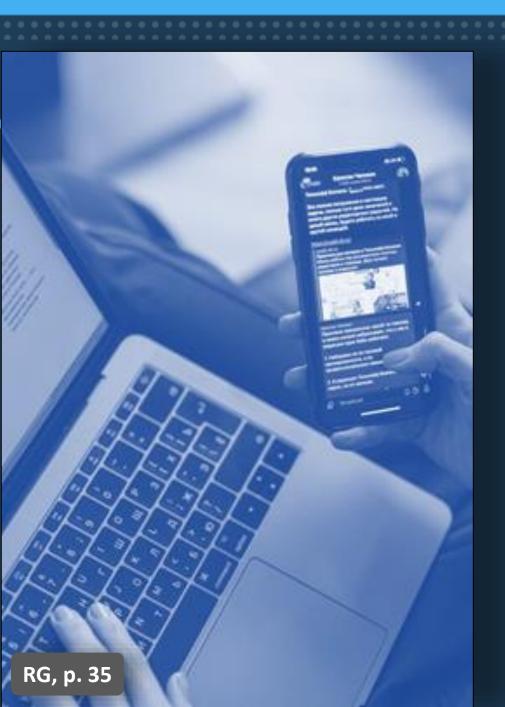
AND

Recipient of benefits has enrolled in **DEERS**

STATE VA OFFICES



- Assist in identifying and accessing benefits after separation or retirement.
- Each state manages its own VA Office; therefore,
 each state's level of assistance will vary.



VA SOLID START

- Follow up phone calls from VA at 90, 180,365 days after separation.
- Reminder emails with links to resources.
- Update contact information at VA.gov prior to separation/retirement.

VA BENEFITS ADVISOR(S)

This slide is included for sites to add contact information for their site VA Benefits Advisor(s).

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RBG (R: 0, G: 176, B: 240)

STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4:

Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

REQUIRED HEALTH ASSESSMENTS



TRICARE Online contains a Service Separation tab which provides the steps necessary to start the process.

SEPARATION HISTORY AND PHYSICAL EXAMINATION (SHPE)

OR

SEPARATION HEALTH ASSESSMENT (SHA)



MENTAL HEALTH ASSESSMENT (MHA)

 Either SHPE (DoD conducted) or SHA (VA conducted) is required prior to separation or release from active duty.

- Either SHA (VA conducted)
 or SHPE (DoD conducted) is
 required prior to separation
 or release from active duty.
- SHA is required for VA disability claims.

 MHA is required prior to SHPE or SHA and will be included as part of the appointment.



Confirm your Service Treatment Record (STR) or Military Medical Record includes all medical aid received on AND off installation.

DoD intransition program •



Free, confidential coaching and assistance for Service members who require mental health services.

Available to ALL Service members regardless of length of Service or discharge status

No expiration date to enroll

Automatically enrolled if seen by a behavioral health provider within 1 year of separation from active duty*

VETERANS/MILITARY CRISIS LINE



Save this information in your phone to assist friends and family





Text: 838255



Dial: 988; Press 1



Chat: www.VeteransCrisisLine.net

SEXUAL ASSAULT PREVENTION AND RESPONSE PROGRAM



- Sexual harassment
- Sexual assault
- Intimate Partner Violence (IPV)

Contact your unit or installation SAPR Victim Advocate or Safe Helpline if you have been a victim of Sexual Assault.

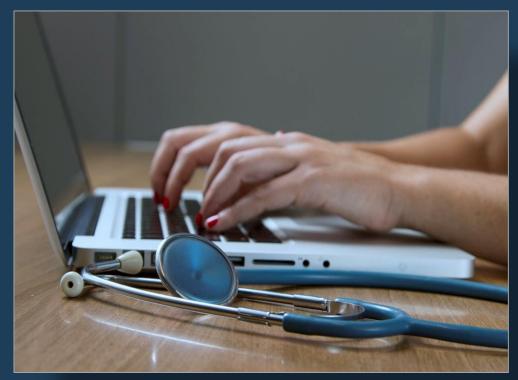
TRICARE HEALTH CARE PLAN

- RG, p. 42
- Schedule an appointment with TRICARE representative.
- Visit the Plan Finder on the TRICARE website.
- Retirees who fail to enroll in TRICARE Prime or TRICARE Select will lose all TRICARE coverage.

TRANSITIONAL/TEMPORARY HEALTH CARE COVERAGE

- Continued Health Care Benefits Program (CHCBP)
- Transitional Assistance Management Program (TAMP)

HEALTH INSURANCE • MARKETPLACE



- The Marketplace helps uninsured people find health coverage.
- Plans cover essential health benefits, preexisting conditions, and preventive care.
- More information will be provided during the Financial Planning for Transition module.

STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5:

Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

DOL EMPLOYMENT TRACK:

Employment Workshop (DOLEW)



EMPLOYMENT

- Identifying Skills
- Job Searching
- Networking
- Resume Building
- Federal Hiring

- Social Media
- Branding
- Applications
- Interviews
- Job Offers

CRS

Complete a resume or provide verification of employment

DOL VOCATIONAL TRACK:

Career and Credentialing Exploration (C2E)



Vocational Training

- Career Clusters
- Career Assessments
- Resources
- Labor Markets
- Experience Opportunities
- Credentials
- Educational Goals
- Career Action Plan

CRS

/OCATIONA

Complete a comparison of technical training institution options

EMPLOYMENT NAVIGATORS

Looking for direction for your next career? Not sure how to identify your "good fit" career field?
We can help.

Schedule your appointment today.

Scan the QR code with your phone camera.
Scroll down to schedule your appointment online.



Employment Navigators provide assistance with...

- Self-Assessments
- ✓ Skills Testing
- ✓ Career Exploration
- ✓ Identification of high-demand careers
- ✓ Identification of necessary credentials
- ✓ Review of detailed labor market information
- Resume Review
- Connections to partners for additional employment services

For more information or to connect with an Employment Navigator, go to https://www.dol.gov/agencies/vets/programs/tap/employment-navigator-partnership

DOL TRANSITION EMPLOYMENT ASSISTANCE FOR MILITARY SPOUSES AND CAREGIVERS (TEAMS)

- Your Next Move
- Career Credentials
- Marketing Me
- Resume Essentials

- Federal Hiring
- Interview Skills
- LinkedIn Profiles/Job Search
- Salary Negotiations

DOL RESOURCES

- **Career One Stop** website
- **American Job Centers (AJC)**
 - Priority of Service
 - State Job Banks
 - Unemployment Compensation



DENTIFYING SKILLS & INTERESTS



O*NET Online

- Interest Profiler
- My Next Move for Veterans

Verification of Military
Experience and Training
(VMET)
DD Form 2586

CREDENTIALING

- Licenses
- Certifications
- CredentialingOpportunities On-Line (COOL)
- MilGears

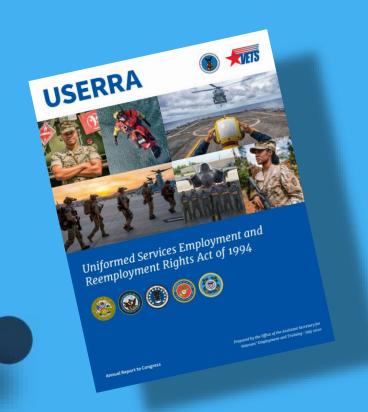


GAINING EXPERIENCE

- Apprenticeships/OJT
- United States Military Apprenticeship Program (USMAP)

- DoD SkillBridge
- Volunteering
 - AmeriCorps

UNIFORMED SERVICE EMPLOYMENT AND REEMPLOYMENT RIGHTS ACT (USERRA)



- Federal law that establishes rights and responsibilities for uniformed Service members and their civilian employers
- Active Duty, National Guard, and Reserve Members covered by USERRA
- More information provided during DOL modules

STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6:

Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

FEDERAL EMPLOYMENT OPPORTUNITIES

- Feds Hire Vets and USAJobs
- Veterans Preference
- Special Appointing Authority for Veterans
 - Veterans Employment Opportunities Act (VEOA)
 - Veterans Recruitment Appointment (VRA)
 - Thirty Percent or More Disabled Veterans

180-Day Restriction on DoD Employment of Military Retirees

POST-MILITARY EMPLOYMENT RESTRICTIONS

Post-Government (Military) Service Employment Restriction Counseling

STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7:

Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

DoD EDUCATION TRACK:

Managing Your (MY) Education



EDUCATION

- Education Terms
- Reasons for Earning a Degree
- Choosing a Field of Study
- Degree Options
- Choosing an Institution
- Gaining Admission
- Transfer Credit
- Funding Options



Complete a comparison of higher education institution options

EDUCATION ASSISTANCE RESOURCES



- College level-testing
- Veterans' Benefits
- Tuition Assistance
- Financial Aid Assistance
- Deferments for military service

DANTES sponsored resources:

- Kuder Journey
- Online Academic Skills Training for College Prep/Placement Tests
- CLEP or College Credit-by-Exam
- Military Training Evaluation Program (MTEP)

Joint Service Transcript (JST)
Community College of Air Force (CCAF) Transcript



STATE AND FEDERAL PROGRAMS

State and Local Educational Benefits

Department of Education Federal Programs/Benefits:

- Federal Student Aid—Complete the FAFSA by October 1st
 - Grants
 - Loans
 - Work-Study Programs
- Veterans Upward Bound Program

STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8:

Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

SBA ENTREPRENEURSHIP TRACK:

Boots to Business (B2B)



RENEURSHIP ENTREP

- Fundamentals
- Opportunities
- Market Research
- SmallBiz Economics
- Legal
- Financing



VETERANS FEDERAL PROCUREMENT OPPORTUNITIES & ASSISTANCE

Veteran entrepreneurship is supported by SBA, VA, and DoD through the following legislation and programs:

- SBA—Small Business Development Act
 1999 created goals for veteran contracts.
- DoD Procurement Technical Assistance
 Center Program helps businesses pursue government contracts.
- VA Small and Veteran Business
 Program provides support to small and veteran businesses.

STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9:

Explore Additional Information and Benefits

STEP 10: Know Where to Go for Assistance

EXTREMISM REPORTING METHODS

- For an emergency, call 911
- FBI-Tips Electronic Tip Form: https://tips.fbi.gov/
- Local FBI offices: https://www.fbi.gov/contact-us/field-offices



IMMIGRATION STATUS

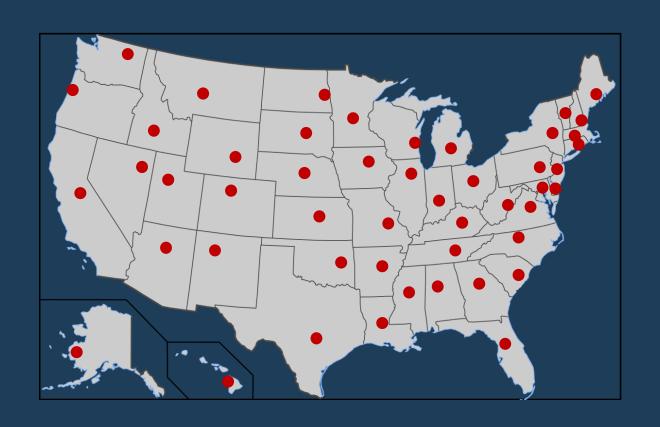
Request information on immigration status and expedited naturalization:

- DD 2648 eForm—Opt in
- DD 2648 printed form—Write an "opt in" election in Section XI – REMARKS, item 48



OPT-IN FOR STATE INFORMATION

- Opt-in with your civilian email on the DD 2648
- Indicate the state or states where you may live after transition
- State representatives will contact you with information on employment, housing, education, etc.



ADDITIONAL INFORMATION

- Separation Pay
- Thrift Savings Plan (TSP)
- Survivor Benefit Plan (SBP)
- Legal Assistance
- Military Protections/Tax Benefits

- Permissive TDY/Excess Leave
- Housing Assistance/Homelessness
- Voting Assistance
- Adaptive Tools for Service Members
- Commissary, Exchange, MWR
- Travel/Transportation Allowances

STEP 1: Plan for Your Transition

STEP 2: Build Your Transition Team

STEP 3: Know Your VA Benefits

STEP 4: Plan for Health/Mental Care and Health Insurance

STEP 5: Plan for Civilian Employment/Vocational Training

STEP 6: Learn About Federal Employment

STEP 7: Plan for Further Education

STEP 8: Consider Starting a Business

STEP 9: Explore Additional Information and Benefits

STEP 10:

Know Where to Go for Assistance

INSTALLATION RESOURCES

This slide is included for sites to add site-specific

information about Installation Resources.

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RBG (R: 0, G: 176, B: 240)

TAP TRANSITION ONLINE LEARNING (TOL)

- Managing Your (MY) Transition
- MOC Crosswalk
- Financial Planning for Transition
- VA Benefits and Services
- Employment Fundamentals for CareerTransition

www.TAPevents.org

- DOL Employment Track:Employment Workshop (DOLEW)
- DOL Vocational Track: Career and Credential Exploration (C2E)
- DOD Education Track: Managing Your(MY) Education (MYE)
- SBA Entrepreneurship Track: Boots to Business (B2B)

MILITARY LIFE CYCLE (MLC) COURSES

- Transitioning to Federal Employment
- Reserve Component Dual Payments
- Social and Emotional Health Resources
- Survivor and Casualty Assistance Resources
- VA Benefits 101
- VA Education Benefits
- VA Home Loan Guaranty Program
- VA Life Insurance Benefits
- Vet Centers

Embrace the journey. Embrace the change. Growth doesn't come from things staying the same.

~Unknown

QUESTIONS?

Reminder:

We are here to help YOU! If you have any questions at any point during your transition, please let us know.